**Teacher Training Application**

Spring 2018

Please type in answers, print, sign and email to info@jtownhotyoga.com. Please follow link for deposit payment. <http://clients.mindbodyonline.com/classic/ws?studioid=238401&stype=43&prodid=10478>

Basic Requirements

\*A 100% commitment to personal growth and a willingness to learn

\*Able to attend ALL study weekends of the TT and immersion days 12-16th of April

\*Committed to practicing minimum 3-5 classes a week between TT study weekends

\*A consistent yoga practice of at least 6 months.

\*Minimum 18 years of age

\*Most recent physical or letter from Dr. clearing you for training

\*Letter from your home studio speaking to your dedication and focus in class

**Contact information**

* Name:
* Age:
* Address:
* Mobile:
* E-mail:
* Occupation:
* Emergency Contact:

**Your Practice**

* Home studios / Studios you practice at frequently
* How long have you had a consistent Yoga practice?
* List all injuries, past and present and describe your physical health (major illnesses, surgeries, physical conditions)
* List any previous yoga trainings, education or workshops you may have taken
* Why Jtown TT, what are your expectations from this training?
* Why do you want to be a yoga teacher?
* I confirm that all information I have given is accurate and complete
* I acknowledge that certificates are given based on merit, including complete memorization of cuing instructions for 26/2 Hatha yoga class, passed anatomy exam, attendance of all days of training, completion of external classes, and observations sheets, demonstrates understanding of requirements, responsibilities, and ethics of a yoga teacher.
* I understand that there are no refunds for any reason

\*\*\*I understand that completing a training offered at Jtown Hot Yoga is not under any circumstances a guarantee or offer of employment

Print Name: Date:

Signature: